

Park Contact: Jim Terruso Park Phone Number:413-534-1186 or 413-527-4805 NOTE: UNLESS NOTED ALL PROGRAMS START AT STONE HOUSE VISITOR CENTER

For more information, please see Program Descriptions below the Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 11:00 a.m. Nature Story Time	2	3	4	5 10:30 a.m. Life Around the Lake 2:00 p.m. Hike to the Lost Boulder
6 10:30 a.m. Birding for Beginners 2:00 p.m. Afternoon Family Program "NATURE SNACKS"	7 1:00 p.m. Senior Hike 2:30 p.m. Teatime at Tom	8 10:30 a.m. Jr. Rangers /Nature Kids 1:30 p.m. Explorers Club	9	10	11	12 10:30 a.m. Life Around the Lake 2:00 p.m. Old Fire Rd. Hike
13 10:30 a.m. Birding for Beginners 2:00 p.m. Afternoon Family Program. "REPTILES OF MT. TOM"	14 1:00 p.m. Senior Hike 2:30 p.m. Teatime at Tom	15 10:30 a.m. Jr. Rangers/ Nature Kids 1:30 p.m. Explorers Club	16	17	18	19 10:30 a.m. Life Around the Lake 2:00 p.m. Hiking the McCool Trail



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20	21	22	23	24	25	26
10:30 a.m.	1:00 p.m. Senior	10:30 a.m. Jr.				10:30 a.m. Life
Birding for	Hike	Rangers/ Nature				Around the Lake
Beginners		Kids				
	2:30 p.m.					2:00 p.m. Bray
2:00 p.m.	Teatime at Tom	1:30 p.m.				Loop Trail Hike
Afternoon		Explorers Club				
Family Program						
"IMPRESSIONS						
OF NATURE"						
27	28	29	30	31		
10:30 a.m.	1:00 p.m. Senior	10:30 a.m. Jr.				
Birding for	Hike	Rangers/ Nature				
Beginners		Kids				
	2:30 p.m.					
2:00 p.m.	Teatime at Tom	1:30 p.m.				
Afternoon		Explorers Club				
Family Program						
"SPIDERS"						

PROGRAM DESCRIPTIONS

Birding for	People who want to learn the basics of birding can join us each week for this hour long program that will
Beginners	discuss the use of bird guide books, bird lists, and binoculars. We will then go out and try our new skills
	in bird watching.



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Sunday Afternoon Family Program	Each week for one hour we will explore a different aspect of the flora and fauna here at Mt. Tom. Active audience participation along with hands on exploration will be the highlight of each program. These programs are geared for the whole family and all abilities.
Senior Hike	People age 55 and up can join in on this hour long hike that will travel on one of Mt. Toms' beautiful trails. The terrain will be easy to moderate and the pace will be slow with a number of stops. Nature topics will be discussed along the way. Bring water and bug spray.
Teatime at Tom	People who have a hard time hiking or walking can enjoy this program where we sit outside the visitor center and soak up the nature around us. Various Natural History Topics will be discussed. Free tea and cookies will be provided for this hour long program.
Junior Rangers/Nature Kids	Children ages 5-6 can earn Jr. Ranger status by attending these hour long programs each week. Through nature games, crafts and exploration, children can qualify for a Jr. Ranger patch and certificate. (Children ages 7-9 will have their opportunity in August to be Jr. Rangers)
The Explorers Club	Children ages 10-12 can further their nature studies by attending these weekly hour long sessions. We will take a closer look at various habitats along with extended hikes through the Mt. Tom range.
Life Around the Lake	The watery world of Lake Bray will be explored for an hour each week. The subjects will range from dragonflies, to frogs, to beavers, to reptiles, to birds, to various plant life. Be ready to be step in mud or other messy situations. PROGRAMS START AT LAKE BRAY .
Hiking the Mt. Tom Range	Each week we will travel on one of the great trails on the Mt. Tom Range. The terrain will be moderately strenuous at most and the pace will be slow enough to take a closer look at the wonder of nature. The hikes will last from one to two hours. Be sure to bring water and bug repellant with any other desired equipment (binoculars, snack, etc.)



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VISITOR CENTER EXHIBITS & GALLERY

Stone House Visitor	Open Sunday to Wednesday	Visitor center is a small 1936 C.C.C. building originally built to be park
Center. (located at	10:00 a.m. to 5:00 p.m.	HQ. Stop by to view nature exhibits, pickup a trail map or to get
center of park)	(Closed for programs)	additional information about program offerings or other happenings in
		the park.